

Hartley Wintney Parish Council - Health and Wellbeing Policy

The Hartley Wintney Parish Council (HWPC) is committed to promoting Health & Wellbeing at every level within the Parish and using such resources as are available to support this endeavour.

The focus of this policy is the wider community within Hartley Wintney Parish and is aimed to address the wider community need and aspiration.

Scope

The HWPC echo the focus of Health and Wellbeing at Hampshire County Council which has four main themes:

- **Starting well:** play groups, parent, and toddlers etc.
- **Living well** - local employment, housing, household budgeting, eating well, and so on.
- **Healthy Communities:** design of new builds, health hubs, social prescribing, open spaces, exercise and sport facilities etc
- **Ageing well** - dementia groups, transport and mobility, fuel poverty etc.

Our Involvement

The HWPC recognises its right to engage in the “promotion of economic, social or environmental well-being” of the Parish as a whole. This well-being power enables us to incur expenditure and specifically identifies the provision of financial assistance as one means of doing so.

In adopting a Health and Wellbeing Policy we undertake to:

- Work with individuals, groups, and communities to identify what matters to them, building on their strengths to improve health and wellbeing.
- Understand the local and accessible services and resources available to which people in the community can be signposted to support their health and wellbeing needs.
- Identify gaps in available services and resources preventing individuals and communities from achieving optimal health and wellbeing.
- Build relationships with local organisations and groups.

Amendment Record

Version 1: Initial Issue as Interim Policy – February 2022
Approved by Policy Committee – 3rd March 2022
Approved by Full Council – 7th March 2022